## What is Bullying?

All bullying is unacceptable and should not be tolerated. It can affect anyone and we are all potential targets - whether we are adult, child or the bullying is at school, in the community, in our football club, at work, on line or at home. Most people understand bullying as behaviour by an individual or group, repeated over time, that is intended to hurt another individual or group either physically or emotionally.

Bullying can be:

• Emotional

being unfriendly, excluding (emotionally and physically) sending hurtful text messages, tormenting,

(e.g. hiding football boots/shin guards, threatening gestures)

- Physical
- pushing, kicking, hitting, punching or any use of violence
- Sexual
- unwanted physical contact or sexually abusive comments
- Discrimination

racist comments, jokes about disabled people, sexist comments,

- Verbal
- name-calling, sarcasm, spreading rumours, teasing

## Our commitment

Bullying hurts. No one deserves to be a victim of bullying. Everybody has the right to be treated with respect. Individuals who are bullying need to learn other, more acceptable ways to behave. This club has the responsibility to respond promptly and effectively to any form of bullying.

Our club commits to ensure our website and or social networking pages are being used appropriately and any online bullying will be dealt with swiftly and appropriately in line with procedures detailed in this policy.

Bullying concerns or incidents should be reported immediately to the coach or the club welfare officer. (See Ashton88 reporting policy) <u>https://www.ashton88fc.co.uk</u>

Anti bully advice can be found at <a href="https://www.nationalbullyinghelpline.co.uk">https://www.nationalbullyinghelpline.co.uk</a>

https://www.thefa.com/-/media/files/thefaportal/governancedocs/safeguarding/the-fa-anti-bullying-policy-for-clubs.ashx

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